5th ANNUAL SYMPOSIUM 2018

Integrative Medicine: The Art & Science

Friday 9 & Saturday 10 NOVEMBER (2-Day Symposium)
Sunday 11 NOVEMBER (Half-Day Optional Masterclass)
Amora Hotel Riverwalk, 649 Bridge Road, Richmond, Melbourne

Join us for this exciting program - engage with and learn from 30 highly qualified International and Australian speakers... NIIM's commitment is to bring together leaders in this multi-disciplinary area of Integrative Medicine, with a focus on presenting the latest evidence and how this works in practice. Empower yourself with advanced knowledge and expertise combining complementary medicine approaches ethically, creatively and effectively with mainstream medicine.

KEYNOTE LECTURES - WORKSHOPS - INTERACTIVE DISCUSSIONS - Q&A SESSIONS - SCIENTIFIC ABSTRACTS

WHO SHOULD ATTEND
• GPs, Physicians & Medical Specialists
• Allied & Complementary Health Practitioners
• Dentists, Pharmacists & Assistants
• Nurses & Psychologists
• Health Policy Professionals
• Scientists, Researchers & Educators
• Healthcare Students

WHY ATTEND
• Update your professional knowledge
• Access the latest evidence-based research
• Learn cutting-edge treatments and therapies
• Acquire new practical skills for direct application
• Engage in important, informative discussion
• Network with like-minded colleagues
• Re-charge, re-focus and renew your energy

CALL FOR ABSTRACTS
Research in the field of Integrative Medicine NIIM invites abstracts for oral and/or poster presentations
CLOSING DATE 28 September 2018
Submissions: research@niim.com.au

SESSION TIMES
• Symposium (2 Days) - 1 Day Registrations available
  Friday 9 November 9am-6pm + Cocktail Reception 6pm-7pm
  Saturday 10 November 9am-5.30pm + Optional Tour of NIIM
• Masterclass (Half-Day)
  Sunday 11 November 9am-1.30pm

REGISTRATION FEES

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<th>SYMPOSIUM</th>
<th>MASTERCLASS</th>
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<tr>
<td>One Day</td>
<td>$280</td>
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<td>Both Days</td>
<td>$520</td>
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* Prices for Full Time Students are subsidised by NIIM - proof of Student ID is required to qualify

EARLY BIRD - BOOK & PAY BEFORE 14 September

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REGISTER ONLINE:

Enquiries: events@niim.com.au
National Institute of Integrative Medicine
11-23 Burwood Rd, Hawthorn, Melbourne, VIC 3122
www.niim.com.au

TERMS & CONDITIONS
- The programme remains the right to alter items in the programme should unforeseen circumstances necessitate
- This program is true and accurate at time of printing
- Insurance: Participants take full responsibility for their own travel insurance
- CANCELLATION AND REFUNDS: Cancellations must be notified in writing two weeks prior to event. No refunds will be given after this time. However a substitute person may attend by prior arrangement with the organiser.
- Registration fees do not include insurance of any kind.
- All cancellations must be notified in writing.

VENUE
Amora Hotel Riverwalk
649 Bridge Road, Richmond, Melbourne

PUBLIC TRANSPORT
Approx 6km from CBD.
Train: Hawthorn station or Burnley Station - both approx 1km walk to Amora Hotel Riverwalk.
Tram: Routes 48 & 75 stop 22 Yarra Boulevard on Bridge Rd, from/to the CBD.

ACCOMMODATION
Rooms are available at this boutique hotel located on the banks of Yarra River.
For bookings contact Amora Hotel Riverwalk
T: 03 9246 1200
E: res@amora.melbourne
Quote Ref: NIIM Nov18

Enquiries: events@niim.com.au
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11-23 Burwood Rd, Hawthorn, Melbourne VIC 3122
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NIIM ACKNOWLEDGES THE SUPPORT OF OUR VALUED SPONSORS

Friday 9 November

8.30 - 9.00  REGISTRATION - Arrival Tea & Coffee
Welcome & Official Opening
Dr Russ Harris
Pro Viced-Chancellor & Pro Vice-Chancellor (Research), University of Sydney

9.00 - 10.30  SESSION ONE

9.00 - 9.15  WELCOME & OPENING ADDRESS
Prof Luis Vitetta
Depression, the Microbiome and Understanding the Clinical Trial

9.15 - 9.30  HAPPINESS TRAPS - and How to Escape Them
Dr Alyson Murray

9.30 - 9.45  The Scientific Magic of Olive Oil
Dr Elisa Rough

9.45 - 10.00  Neurocognitive Decline: The Role of Nutrition, Detox & Lifestyle in Prevention & Treatment
Dr Denise Furness
Reproductive Health: Folate Nutrigenomics, Methylation & DNA Damage

PANEL DISCUSSION

PANEL CHAIR: Dr Elisa Rough
Panel Members: Dr Tamara Nation, Dr Nicole Fowler, Dr Alyson Murray & Dr Denise Furness

10.00 - 10.30  BREAK

10.30 - 11.00  SESSION TWO

10.00 - 10.15  The Scientific Magic of Olive Oil
Dr Elisa Rough

10.15 - 10.30  Neurocognitive Decline: The Role of Nutrition, Detox & Lifestyle in Prevention & Treatment
Dr Denise Furness

PANEL DISCUSSION: PREGNANCY & CHILDREN’S HEALTH

10.30 - 10.45  Moderated by Dr Elisa Rough

10.45 - 11.00  Photons to Disrupt Pain & Avoid the New Normal
Dr Nicola Fowler

11.00 - 11.15  9.00 - 10.30
Dr Tamara Nation

11.15 - 11.30  The Scientific Magic of Olive Oil
Dr Elisa Rough

11.30 - 11.45  Neurocognitive Decline: The Role of Nutrition, Detox & Lifestyle in Prevention & Treatment
Dr Denise Furness

11.45 - 12.00  Panel members: Dr Tamara Nation, Dr Nicole Fowler, Dr Alyson Murray & Dr Denise Furness

12.00 - 1.00  LUNCH - EXHIBITION & POSTER VIEWING

1.00 - 2.15  CONCURRENT WORKSHOPS

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1.15 - 1.30  Functional Psychiatry: Supporting Brain Health & Function
Laurence Katsaras

1.30 - 1.45  Integrative Management of Cancer: Emerging Principles & Practical Issues
Dr Tim Ewer (New Zealand)

1.45 - 2.00  Adult Osteoporosis: Impact on Function and Lifestyle
Lisa Barker

2.00 - 2.15  Panel members: Dr Tim Ewer, Dr Helena Popovic, Dr Tim Ewer, Prof Alan Hayes, Nikolaj Travica

2.15 - 3.30  PANEL DISCUSSION

2.15 - 2.30  Moderator: Dr Elisa Rough

2.30 - 2.45  Photons to Disrupt Pain & Avoid the New Normal
Dr Nicola Fowler

2.45 - 3.00  Functional Psychiatry: Supporting Brain Health & Function
Laurence Katsaras

3.00 - 3.15  Panel members: Dr Tim Ewer, Dr Helena Popovic, Dr Tim Ewer, Prof Alan Hayes, Nikolaj Travica

3.15 - 3.30  Panel members: Dr Tim Ewer, Dr Helena Popovic, Dr Tim Ewer, Prof Alan Hayes, Nikolaj Travica

3.30 - 4.00  AFTERNOON TEA - EXHIBITION & POSTER VIEWING

4.00 - 5.00  SESSION FOUR

4.00 - 4.15  Using the Brain Mindfully
A/Prof Craig Hassed

4.15 - 4.30  The Power of Mindfulness to Bring Balance to Medicine
Janet Elly-Leal

4.30 - 4.45  Photons to Disrupt Pain & Avoid the New Normal
Dr Nicola Fowler

4.45 - 5.00  Functional Psychiatry: Supporting Brain Health & Function
Laurence Katsaras

5.00 - 5.15  Panel members: Dr Tim Ewer, Dr Helena Popovic, Dr Tim Ewer, Prof Alan Hayes, Nikolaj Travica

5.15 - 5.30  Panel members: Dr Tim Ewer, Dr Helena Popovic, Dr Tim Ewer, Prof Alan Hayes, Nikolaj Travica

5.30 - 6.00  INTERACTIVE Q & A SESSION

6.00 - 7.00  COCKTAIL NETWORKING RECEPTION

Saturday 10 November

8.30 - 9.00  REGISTRATION - Arrival Tea & Coffee
Welcome

9.00 - 9.30  SESSION FIVE

9.00 - 9.15  Medicinal Cannabis: An Overview in Australia
Prof Ian Brighthope

9.15 - 9.30  Cannabis: The Times They are A-Changing
A/Prof Craig Hassed, Dr Helena Popovic, Dr Tim Ewer, Prof Alan Hayes, Nikolaj Travica

9.30 - 10.00  Panel members: Prof Ian Brighthope, Dr Helena Popovic, Dr Tim Ewer, Prof Alan Hayes, Nikolaj Travica

10.00 - 10.30  BREAK

10.30 - 11.00  SESSION SIX

10.30 - 10.45  Nutrients, Cells & Pathogens: Innovative Tests & Treatments
Dr Ranjit Rao

10.45 - 11.00  Integrative Cancer Care: Mindfulness in the Doctor-Patient Relationship
Dr Jonathan Page

11.00 - 11.15  Panel members: Dr Ranjit Rao, Dr Jonathan Page

11.15 - 12.00  LUNCH - EXHIBITION & POSTER VIEWING

1.00 - 2.15  CONCURRENT WORKSHOPS

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1.15 - 1.30  Medical Cannabis: An Overview in Australia
Prof Ian Brighthope

1.30 - 1.45  Cannabis: The Times They are A-Changing
A/Prof Craig Hassed, Dr Helena Popovic, Dr Tim Ewer, Prof Alan Hayes, Nikolaj Travica

1.45 - 2.00  Panel members: Prof Ian Brighthope, Dr Helena Popovic, Dr Tim Ewer, Prof Alan Hayes, Nikolaj Travica

2.00 - 2.15  Integrative Cancer Care: Mindfulness in the Doctor-Patient Relationship
Dr Jonathan Page

2.15 - 2.30  Panel members: Dr Ranjit Rao, Dr Jonathan Page

2.30 - 3.30  PANEL DISCUSSION

2.30 - 2.45  Moderator: Dr Elisa Rough

2.45 - 2.50  Medical Cannabis: An Overview in Australia
Prof Ian Brighthope

2.50 - 2.55  Cannabis: The Times They are A-Changing
A/Prof Craig Hassed, Dr Helena Popovic, Dr Tim Ewer, Prof Alan Hayes, Nikolaj Travica

2.55 - 3.00  Panel members: Prof Ian Brighthope, Dr Helena Popovic, Dr Tim Ewer, Prof Alan Hayes, Nikolaj Travica

3.00 - 3.15  Integrative Cancer Care: Mindfulness in the Doctor-Patient Relationship
Dr Jonathan Page

3.15 - 3.30  Panel members: Dr Ranjit Rao, Dr Jonathan Page

3.30 - 4.00  AFTERNOON TEA - EXHIBITION & POSTER VIEWING

4.00 - 5.00  SESSION EIGHT

4.00 - 4.15  Chronic Pain & Inflammation - Ouch! Why does it keep Hurting?
Dr Christabelle Yeoh

4.15 - 4.30  Pain & Medicinal Cannabis
Prof Luis Vitetta

4.30 - 4.45  Panel members: Dr Christabelle Yeoh, Prof Luis Vitetta, Adjunct Prof John Skennett, A/Prof Kyle O'Brien

4.45 - 5.00  Optimal Activity - 15 mins Stretching Exercises with Lisa Barker, Osteopath

5.00 - 5.15  Panel members: Dr Christabelle Yeoh, Prof Luis Vitetta, Adjunct Prof John Skennett, A/Prof Kyle O'Brien

5.15 - 5.30  Optional Activity

5.30 - 6.00  Panel members: Dr Christabelle Yeoh, Prof Luis Vitetta, Adjunct Prof John Skennett, A/Prof Kyle O'Brien